# Ain't Worth The Tears



Count: 32 Wall: 4 Level: Easy Improver

**Choreographer:** Mikael "LD Crazy Mike" Erlandsson & Micaela Svensson Erlandsson (Feb.2017)

Music: Ain't Worth The Tears - Liv Marit Wedvik

### Note: 2+2 walls with 2 Tags followed by Restart

# Section 1: Step. Swivel Heels R . Coaster Step. Step Forward Swivel Heels L. Coaster Step Step right foot forward , swivel both heels to the right side and back to center Step back on right foot, step Left beside right, Step forward on right foot Step Left Foot forward, Swivel both heels to the left side, and back to center Step back on left Foot, step right foot beside Left , Step forward on left foot

# Section 2:Step. Turn L $\frac{1}{4}$ . Cross . Point. Touch. Point. Behind. Side. Cross. Step R Diagonal ,Knee Pop

1&2	Step forward on R, turn a ¼ over your left shoulder , Cross R foot over L
3&4	Point L to Left side, Touch Left next to Right, Point L to Left Side
5&6	Cross left behind Right, step Right Foot to the side, Cross Left foot in front of Right
7&8	Step Right Forward on Right Diagonal, Pop both knees and back

# Section 3:Coaster Step. Kick Ball Step. Mambo Step. Sailor 1/4 Turn

1&2	Step back on right. Step left beside right. Turn a 1/8 over Left shoulder and Step
	forward on right
3&4	Kick left forward. Step left in place. Step right in place.
5&6	Rock forward on Left. Recover onto Right. Step back on Left.

# Tag & Restart here: On wall 3 (facing 9 o'clock) and wall 7 (facing 12 o'clock)

7&8 Sweep right stepping right behind left. Step left in place. Step right in place.

## Section 4:Step. ½ Turn right. Step. Triple Full Turn forward. Toe Switches. Step. Scuff.

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1&2	Step forward on left. Turn ½ right. Step forward on left.
3&4	Make a triple full turn forward over the left shoulder, stepping right, left, right.
5&6&	Touch left toes forward. Step left in place. Touch right toes forward. Step right in place
7-8	Step forward on left. Scuff right foot forward.

Tag: Replace the Sailor  $\frac{1}{4}$  Turn Section 3, on wall 3 (facing 9 o'clock) & wall 7 (facing 12 o'clock) with a Right Back Rock and start over.